



DINNER GAMES

20 QUESTIONS: FAMILY MEMORY

One person thinks of a family memory. Then everyone has to ask questions to try to figure it out: Did it happen during a holiday? A meal? Was it a funny memory? Were there any friends involved? And so on, until you either guess the memory, or reach a total of 20 questions. This game also helps preserve memorable experiences by remembering and talking about them together!



DINNER GAMES

TWO TRUTHS & A TALL TALE

Ask everyone at the table to say three things about themselves: two true things and one thing that's made up. The rest of the table will guess which is the tall tale.

Sometimes this game is easier if everyone gets a chance to write down their three things before sharing.



TRUE



FALSE



DINNER GAMES

ROSE, THORN AND BUD

Go around the table and ask each person to share the **rose** (the best or most special part of their day), the **thorn** (the most difficult part of their day), and the **bud** (what they hope for or are looking forward to tomorrow).



DINNER GAMES

GUESS THE EMOTION

Have one person leave the table for a minute. Once she leaves, the rest of the family decides on an emotion. When the missing family member returns to the table, the rest of the family eats and acts with that feeling in mind. For example, if the emotion is “worry,” someone might say “I have so much homework tonight I’m never going to get to sleep.”

You can make it a bit more challenging for older kids by allowing only body language and facial expression to convey emotion, or even just facial expression alone.

