



Front

Back

BE YOU, LIVE WELL

T-shirt layout & specs

Screen Printer Information:

Purple Shirts

One color: Ink = white

Front: 9" wide, center chest placement

Back: 3.5" wide, top neck placement (1"-2" drop)

Print ready artwork found on page 2 & 3

Fonts are outlined

Artwork at 100% size

Set to spot color - PRINT IN WHITE INK

BE YOU

LIVE WELL

WELLNESS WEEK

WITH HERREN

wellnessweekwithherren.com