



T-Shirt - Be You, Live Well

Contact a Local Screen Printer:

Purple Shirts

One color: Ink = white

Front: 9" wide, center chest placement

Back: 3.5" wide, top neck placement (1"-2" drop)

Fonts are outlined

Artwork at 100% size

Set to spot color - PRINT IN WHITE INK



Vinyl Banner - Wellness Week with Herren

2' x 6' vinyl banner

Suggested Printers:

Printastic: www.printastic.com/vinyl-banners/

Banners on the Cheap: www.bannersonthecheap.com

PSprint: www.pspint.com/vinyl-banners/



Stickers - Be You, Live Well

3" x 3"

Suggested Printers:

Uprinting: www.uprinting.com/custom-sticker-printing.html/

PSprint: www.pspint.com/stickers-labels/